

York Knavesmire Harriers Ladies Championships 2009

	Pennine 10km	Snake lane 10mile	Arken dale 10k	Rother Valley 10k	Rothw ell 10k	Castle Howard 10k	Harro gate 10k	Escrick	Wistow	half maratho n	Thirsk 10mile	Jolly Holly Jog	Total
<u>Ladies Open</u>													
Vicky Green		9	10			9	9		9				46
Amy Ross								10		10	10	9	39
Anne Ferguson									10		9	10	29
Emma Gradwell					10						8		18
Jane Thompson							7				7		14
Jana Newman		10											10
Rachel Hanson						10							10
Andrea Lancaster							10						10
Rachel Mullen					9								9
Nicola Lawrence												8	8
Nicola Adie							8						8
Sarah Gallagher		8											8
<u>Ladies O/35</u>													
Jane Carter		10	10	10		10	8	10		10			68
Jayne Fligg					10		7			9			26
Emma Yates							10					10	20
Patricia Gill							9						9
Kate Akrill-Misso						9							9
<u>Ladies O/40</u>													
Vivienne Fraser		8	10	9	8		9		9	9	7		69
Helen Leach	10	9	8		6	10			10			8	61
Kate Nelson		10		10	10		10				10		50
Michelle Atkins		7	9		5		8	8		10			47
Paula Fawcett					9			10				9	28
Helen Farrell											8	10	18
Karen Ireland								9			6		15
Carol Diggle											9		9
Annabel Jelley					7								7
<u>Ladies O/45</u>													
Joy Allen			8	10	9		10	9	9	10	9		74
Gill Barker	10		9		10	9		10	10		8		66
Dawn Raimes	8	10	6	9	6	8	9	4					60
Jane Hartas	9		7		7			6	8		7	8	52
Sue Igoe		8	5		5		7			9			34
Kim Middleton			4	8	4		8	3					27
Gillian Punton					8			8				7	31
Sarah Nettleton						10					10	10	30
Dianne Grant		9								9			18
Fiona MacMillon								7	7				14
Janet Cordingley			10										10
Liz Matthews												9	9
<u>Ladies O/50</u>													
Margaret Brown	9	10	9	8	8	9	9	9	10	10	10	9	110
Maureen Medlar			10	9	9	10	10	10	9	9	9		85
Margaret Oliver	10	9	8		7		8			8	8	8	66
Irene Wellbourn				7	6	8	7	8	8	7	7		58
Pat Short				10	10								20
Pat Boden												10	10
<u>Ladies O/55</u>													
Susan Adams	9		9		10	10					9	8	55
Margaret Metcalfe	10	10	10	10								10	50
Gillian Gill		9					10				8	9	36
Gill Waite											10		10

Age as at 01/01/2009.(Only 10 best results count)

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Ladies O/60

Lynda Bish

Jean Wright

Mavis Young

Ladies O/70

Jean Snelling

	9	10	9	9	9	9	9	9	9	91
	10		10	10	10	10	10	10	10	90
	8			8		8		8	8	40
	10	10	10		10	10	10		10	70

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Best 10
Results