

Harewood House Trail Races

NEW IMPROVED COURSE!

10Km
2Km

Sunday 20th
September 2009



- 10Km* 10.45am
- 2 Km* Fun Run 10.00am
optional fancy dress

Discount
for all runners for
entrance to Harewood
House on the day!

£1 off for adults
50p off for kids



An undulating trail race set in
the beautiful grounds of the
Harewood Estate.

Route consists of a mixture of
Estate Private roads / tracks,
Bridleways & Footpaths

EA Permit No. 20090937

Under UKA Regulations

For full course & event details
look on our website:

www.pannal.n-yorks.sch.uk

Enquiries to:

admin@pannal.n-yorks.sch.uk

or Tel **07504 687444**

Entry form on reverse ...

Registration and event / parking facilities located at "The Cricket Pavilion" within the Harewood House estate (accessed by going through the main Harewood House entrance off the A61 Harrogate to Leeds - parking is on the left by "The Cricket Pavilion").

PRIZE LIST: -

- Prizes will be awarded to reflect the number and categories of race entrants.
- Spot Prizes on the day
- Goody bags for all finishers and loads more!
- Prizes for best Fancy dress in Fun Race
- Medal for all fun run finisher

Event Information: -

- Kilometre markers
- Drinks Station at approx halfway point
- Refreshments and light snacks available at the finish
- Entry limit 500.
- First Aid
- Organised by & in aid of Pannal School PTA, Harrogate
- * Approx Distances

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official entry form

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Please select events

10Km 2Km Fun Run

Male Female



Entries:

10Km Race:

advance entries £7 affiliated or £9 non-affiliated - on the day entries £8 affiliated or £10 non-affiliated.

2Km Fun Run:

advance entries £3 or £4 if entering on the day; Accompanying over 15's run for free.

Last date for postal entries for both events 12th September 2009.

Full Name _____

Address _____

Post Code _____

Email address _____

Tel _____ Date of Birth _____ Age on day of race (min15 yrs) _____

Club if any _____ EA Registered number _____

I declare that I am an amateur as defined by UKA rules and am in good health. The organisers shall not be liable for any loss, damage, actions, claims, costs or expenses which I may suffer as a result of my participating in this event.

Signed (parent / guardian if under 18): **Date**.....

Any fun runners under the age of 8 years must be accompanied by an adult.

Applications to Race Secretary:-

John Downham, Pannal School PTA, Pannal School, Pannal Green, Pannal, Harrogate, North Yorkshire HG3 1LH.
Please enclose a S.A.E. (9x5 for Race number & info) and cheque / PO payable to **Pannal School PTA**

Enquires to: admin@pannal.n-yorks.sch.uk or Tel 07504 687444