



# MCCAIN YORKSHIRE COAST 10K

ROAD RACE & FAMILY FUN RUN

SUNDAY 11TH OCTOBER 2009

SCARBOROUGH SPA COMPLEX, SOUTH BAY. SCARBOROUGH.



## 10KM ROAD RACE 10am

A traffic free, flat course along the spectacular Yorkshire Coast; Scarborough South Bay, Marine Drive, Northstead Manor Gardens & the North Bay Promenade.



## FAMILY FUN RUN 11.30am

A 2.5km course for all the family along Scarborough's South Bay.



It's all good.

SCARBOROUGH A.C.

FOR FULL TERMS AND CONDITIONS SEE: [WWW.YORKSHIRECOAST10K.CO.UK](http://WWW.YORKSHIRECOAST10K.CO.UK)