

York Knavesmire Harriers Ladies Championships 2016

	Yorkshire X Country	Ferriby 10m	Muddy Boots 10k Ripon	
	1	2	3	Total
Ladies Open				
Sarah Attwood		12	8	20
Hannah King	12			12
Scout Adkin			12	12
Bryony Parkinson	9			9
Anwen Darlington			9	9
Cassie Holmes			7	7
Anna Marshall			6	6
Ladies Over 40				
Andrea Lancaster	12			12
Clare Moffatt		12		12
Ladies Over 55				
Pam Anderson			12	12
Ladies Over 60				
Maureen Medlar		12	12	24
Susan Adams		9		9

Runners 3 4 7