NORTHERN & NATIONAL CROSS COUNTRY CHAMPIONSHIP

ENTRY FORM

The 2017 Cross Country (XC) entry details are now open to all FIRST CLAIM members.

The Northern XC championships 2017 will be held at Knowsley Park Safari Park. Liverpool on **Saturday 28th January.**

Junior Men 13.40pm 8k, Senior Ladies 14.15pm 8k & Senior Men's 12k.

The club will be running a coach to this race to help with transport and as normal for Championship races you must be 1st Claim for Knavesmire.

The cost of entering the race is £7.00.

The 2017 NATIONAL XC CHAMPS will be held at Woollaton Park. Nottingham on

Saturday 25th February.

Junior Men's race1.20pm 10k, Senior Men's 2.20 8k and Senior Men's 3.00pm 12k.

Again the club will running transport.

If you would like to enter any of the above races please fill in the form below and post to A Neale. 69 Jamieson Terrace, South Bank. York. Yo23 2hf. OR pay on line HSBC SORT CODE 404731 ACCOUNT NUMBER 81684094 and email myself <u>andrewneale69@googlemail.com</u> your details.

CLOSING DATE FOR BOTH RACES IS TUESDAY 11[™] JANUARY 2017.

NAME

TELEPHONE NUMBER

EMAIL ADDRESS

DATE OF BIRTH ON 31ST AUGUST/1ST SEPTEMBER 2016

EA NUMBER