

**York Knavesmire Harriers Ladies Championships 2019**

|                       | Yorkshire X Country | Muddy Boots 10k Ripon | National X Country Harewood | Spen 20m | Vale of York 10m | Kirkbymoorside 10k | Mulgrave Castle 10k |       |
|-----------------------|---------------------|-----------------------|-----------------------------|----------|------------------|--------------------|---------------------|-------|
|                       | 1                   | 2                     | 3                           | 4        | 5                | 6                  | 7                   | Total |
| <b>Ladies Open</b>    |                     |                       |                             |          |                  |                    |                     |       |
| Ellie Page            |                     | 6                     |                             |          | 9                | 12                 | 12                  | 39    |
| Becky Penty           | 8                   | 9                     | 8                           | 12       |                  |                    |                     | 37    |
| Nik Tarrega           | 9                   | 12                    | 9                           |          |                  |                    |                     | 30    |
| Caitlin Clark         | 1                   | 5                     | 1                           |          | 4                | 8                  | 9                   | 28    |
| Helen Cross           | 12                  |                       | 12                          |          |                  |                    |                     | 24    |
| Emily Baines          | 4                   |                       | 6                           |          | 12               |                    |                     | 22    |
| Aoife Burke           | 7                   |                       | 4                           | 9        |                  |                    |                     | 20    |
| Laura Schofield       | 3                   | 8                     |                             | 8        |                  |                    |                     | 19    |
| Lucy Pinder           | 6                   |                       | 5                           |          | 3                |                    |                     | 14    |
| Della Wilson          | 1                   |                       |                             | 5        | 8                |                    |                     | 14    |
| Madeleine Foot        | 1                   |                       | 2                           | 7        |                  |                    |                     | 10    |
| Clare Rowntree        | 2                   |                       | 1                           | 6        |                  |                    |                     | 9     |
| Kate Osborn           |                     |                       |                             |          |                  | 9                  |                     | 9     |
| Hannah Strange        | 1                   |                       | 1                           |          |                  | 7                  |                     | 9     |
| Cassie Read           |                     | 7                     |                             |          |                  |                    |                     | 7     |
| Katie Smith           |                     |                       | 7                           |          |                  |                    |                     | 7     |
| Emily Asquith Fox     |                     |                       |                             |          | 7                |                    |                     | 7     |
| Melanie Ellwood       |                     |                       |                             |          |                  | 6                  |                     | 6     |
| Megan Thomson         | 5                   |                       |                             |          |                  |                    |                     | 5     |
| Rachel Gillespie      |                     |                       |                             |          | 5                |                    |                     | 5     |
| Victoria Beasley      |                     | 4                     |                             |          |                  |                    |                     | 4     |
| Laura Speed           |                     | 3                     |                             |          |                  |                    |                     | 3     |
| Natalie Greaves       |                     |                       | 3                           |          |                  |                    |                     | 3     |
| Abbie Spence          | 1                   |                       | 1                           |          |                  |                    |                     | 2     |
| Amy Dymond            |                     |                       |                             |          | 2                |                    |                     | 2     |
| <b>Ladies Over 40</b> |                     |                       |                             |          |                  |                    |                     |       |
| Anna Marshall         |                     | 12                    | 12                          |          |                  |                    |                     | 24    |
| Julie Rookes          |                     |                       |                             |          | 12               |                    |                     | 12    |
| Rosie Bramley         |                     |                       |                             |          | 9                |                    |                     | 9     |
| <b>Ladies Over 45</b> |                     |                       |                             |          |                  |                    |                     |       |
| Qin Zhou              | 9                   | 12                    |                             |          |                  | 12                 |                     | 33    |
| Edwina Wilcox         | 8                   | 9                     | 9                           |          |                  |                    |                     | 26    |
| Mandy Clarke          | 12                  |                       | 12                          |          |                  |                    |                     | 24    |
| Anna Blackwell        |                     |                       |                             |          | 12               |                    |                     | 12    |
| Sarah Wear            |                     |                       |                             |          |                  | 9                  |                     | 9     |

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|-----------------------|---------------------|-----------------------|-----------------------------|----------|------------------|--------------------|---------------------|----|
| <b>Ladies Over 50</b> |                     |                       |                             |          |                  |                    |                     |    |
| Jenny Steele          | 12                  | 12                    | 12                          |          | 12               |                    |                     | 48 |
| Samantha Lyth         |                     | 9                     |                             |          |                  | 12                 | 12                  | 33 |
| Helen Banks           |                     |                       |                             |          | 9                |                    |                     | 9  |
|                       |                     |                       |                             |          |                  |                    |                     |    |
| <b>Ladies Over 55</b> |                     |                       |                             |          |                  |                    |                     |    |
| Jane Morby            | 9                   | 12                    | 12                          | 12       | 9                | 12                 | 12                  | 78 |
| Angela Shepherd       | 12                  |                       |                             |          | 12               |                    |                     | 24 |
| Liz Matthews          | 8                   |                       | 9                           |          |                  |                    |                     | 17 |
|                       |                     |                       |                             |          |                  |                    |                     |    |
| <b>Ladies Over 60</b> |                     |                       |                             |          |                  |                    |                     |    |
| Jane Nodder           | 12                  | 12                    | 12                          |          | 9                |                    | 12                  | 57 |
| Jet Jon Shepherd      |                     |                       |                             |          | 12               | 12                 |                     | 24 |
| Kathryn Dickinson     |                     | 9                     |                             |          |                  |                    |                     | 9  |
| Pam Anderson          |                     | 8                     |                             |          |                  |                    |                     | 8  |
| Margaret Oliver       |                     | 7                     |                             |          |                  |                    |                     | 7  |
|                       |                     |                       |                             |          |                  |                    |                     |    |
| <b>Ladies Over 65</b> |                     |                       |                             |          |                  |                    |                     |    |
| Liz Piper             |                     | 12                    |                             |          |                  |                    |                     | 12 |
| Susan Adams           |                     |                       |                             |          | 12               |                    |                     | 12 |
|                       |                     |                       |                             |          |                  |                    |                     |    |

|         |    |    |    |   |    |   |   |
|---------|----|----|----|---|----|---|---|
| Runners | 22 | 19 | 20 | 7 | 19 | 9 | 5 |
|---------|----|----|----|---|----|---|---|